

| VIEWS PD |

It's form

VIEWS PROFESSIONAL DEVELOPMENT



WELCOME



It's great to be connected with you!

You're likely here because you want to transform the career and lifestyle of your dreams into a successful reality, but you're not 100% sure how to do that. *Yet*.

Here's the good news - we're here to help you with that!

This booklet is yours to plan your weeks and manage your productivity. Use it to set your intention, prioritise tasks and practise gratitude. Write in it daily as your guide to find your focus, and go from feeling overwhelmed to taking decisive action towards your success.

Don't forget - book in your complimentary session with me (if you haven't already!). I'd love to speak with you to further clarify your vision for the future and create a clear pathway towards it.

Book a time in here: <u>www.viewspd.com.au/strategy-session</u> or just give me a call on **0479 090 670**

Congratulations on taking this positive step. I'm looking forward to supporting you to create a purposeful, fulfilling, joyful career you really love!

Trinity James trinity@viewspd.com.au





| ABOUT YOU |



Name:
Phone:
Email:
Your Vision:
The 3 Most Important Goals you would like to begin working on are:
These goals are important to you because





Date:	TOP PRIORITIES
GRATITUDE	
	TO DO
INTENTION	
SELF CARE	
99	
A A	
THE BAD NEWS IS THAT TIME FLIES. THE	
GOOD NEWS IS THAT	
YOU ARE THE PILOT.	
MICHAEL ALTSHULER	





Date:	TOP PRIORITIES
GRATITUDE	
INTENTION	TO DO
INTENTION	
SELF CARE	
99	
36	
WHAT IS IMPORTANT	
IS SELDOM URGENT AND WHAT IS URGENT	
IS SELDOM	
IMPORTANT.	
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Date:	TOP PRIORITIES
GRATITUDE	
	TO DO
INTENTION	
SELF CARE	
99	
IT HAS BEEN MY OBSERVATION THAT	
MOST PEOPLE GET	
AHEAD DURING THE	
TIME THAT OTHERS WASTE TIME.	
HENRY FORD	
Elli-	





Date:	TOP PRIORITIES
GRATITUDE	
	TO DO
INTENTION	TO DO
SELF CARE	
99 THE ONLY THING	
EVEN IN THIS WORLD	
IS THE NUMBER OF HOURS IN A DAY. THE	
DIFFERENCE IN	
WINNING OR LOSING IS WHAT YOU DO	
WITH THOSE HOURS.	
WOODY HAYES	
J.	
480	





Date:	TOP PRIORITIES
GRATITUDE	
INTERNITION	TO DO
INTENTION	
SELF CARE	
99	
CHERISH YOUR	
DREAMS, AS THEY ARE	
THE CHILDREN OF YOUR SOUL, THE	
BLUEPRINTS OF YOUR	
ULTIMATE	
ACHIEVEMENTS.	
NAPOLEON HILL	





Date:	TOP PRIORITIES
GRATITUDE	
INTERNITION	TO DO
INTENTION	
SELF CARE	
99	
YOUR VALUES	
DICTATE YOUR	
DESTINY	
DR JOHN DEMARTINI	
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TOP PRIORITIES
TO DO





Date:	TOP PRIORITIES
GRATITUDE	
	TO DO
INTENTION	TO DO
SELF CARE	
99	
GOALS ALLOW YOU	
TO CONTROL THE	
DIRECTION OF CHANGE IN YOUR FAVOUR.	
PAVOOR.	
BRIAN TRACEY	





Date:	TOP PRIORITIES
GRATITUDE	
DAMPENTALON	TO DO
INTENTION	
	J
SELF CARE	
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99	
YOU CAN BE HAPPY	
WHERE YOU ARE	
JOE OSTEEN	
MAKE THE PROPERTY OF THE PARTY	

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Date:	TOP PRIORITIES
GRATITUDE	
	TO DO
INTENTION	
SELF CARE	
The state of the s	
99	
TO LIVE A	
HARMONIOUS LIFE,	
ALL YOU NEED IS	
CLARITY OF MIND	
DR PREM JAGYASI	





Date:	TOP PRIORITIES
GRATITUDE	
INTENTION	TO DO
INTENTION	
SELF CARE	
99	
WE DON'T SEE	
THINGS AS THEY ARE;	
WE SEE THINGS AS WE ARE	
ANAIS NIN	
- 01 x 1	
the state of the s	





Date:	TOP PRIORITIES
GRATITUDE	
INTERNITION	TO DO
INTENTION)
SELF CARE	
ML	
99	
THINGS TURN OUT	
BEST FOR THE	
PEOPLE WHO MAKE THE BEST OUT OF THE	
WAY THINGS TURN	
OUT	
ART LINKLETTER	





Date:	TOP PRIORITIES
GRATITUDE	
	TO DO
INTENTION	
SELF CARE	
100	
99	
COMMUNICATION -	
THE HUMAN CONNECTION - IS THE	
KEY TO PERSONAL	
AND CAREER SUCCESS.	
SUCCESS.	
PAUL J. MEYER	





Date:	TOP PRIORITIES
GRATITUDE	
	TO DO
INTENTION	
SELF CARE	
LEWIS / K	
MANY ATTEMPTS TO	
COMMUNICATE ARE NULLIFIED BY SAYING	
TOO MUCH.	
VIB James Vision	
ROBERT GREENLEAF	





Date:	TOP PRIORITIES
GRATITUDE	
INTENTION	TO DO
INTENTION	
SELF CARE	
The state of the s	
WHEN PEOPLE TALK,	
LISTEN COMPLETELY.	
278	
35 A	
EARNEST HEMINGWAY	
9	





Date:	TOP PRIORITIES
GRATITUDE	
INTENTION	TO DO
CELE CARE	
SELF CARE	
99	
1 1 1	
THE MOST IMPORTANT THING IN	
COMMUNICATION IS	
TO HEAR WHAT ISN'T BEING SAID.	
9 11	
PETER DRUCKER	

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Date:	TOP PRIORITIES
GRATITUDE	
INTERNITION	TO DO
INTENTION	
SELF CARE	
-390	
The same of	
99	
INFORMATION IS A	
NEGOTIATOR'S	
GREATEST WEAPON	
VICTOR KIAM	





Date:	TOP PRIORITIES
GRATITUDE	
	TO DO
INTENTION	
SELF CARE	
2000.41	
99	
ARTICLE STREET	
TO BE PERSUASIVE	
WE MUST BE BELIEVABLE; TO BE	
BELIEVABLE WE MUST	
BE CREDIBLE; TO BE CREDIBLE WE MUST	
BE TRUTHFUL.	
一番製造	
EDWARD R. MURROW	





Date:	TOP PRIORITIES
GRATITUDE	
	TO DO
INTENTION	
SELF CARE	
SELF CARE	
1000	
A STATE OF THE PARTY OF THE PAR	
The section of	
THE FIRST STEP TO	
GETTING THE THINGS	
YOU WANT OUT OF	
LIFE IS THIS: DECIDE WHAT YOU WANT.	
WHAT YOU WANT.	
BEN STEIN	





Date:	TOP PRIORITIES
GRATITUDE	
INTERVENION	TO DO
INTENTION	
SELF CARE	
99	
ALL THINGS ARE	
DIFFICULT BEFORE THEY ARE EASY.	
THEY ARE EAST.	
A STATE OF THE PARTY OF THE PAR	





Date:	TOP PRIORITIES
GRATITUDE	
INTERNITION	TO DO
INTENTION) _
SELF CARE	
99	
NO ONE CAN MAKE	
YOU FEEL INFERIOR	
WITHOUT YOUR	
CONSENT.	
ELEANOR ROOSEVELT	





Date:	TOP PRIORITIES
GRATITUDE	
	TO DO
INTENTION	
]
SELF CARE	
00 3 12	
12 12	
WHATEVER THE MIND	
CAN CONCEIVE AND	
BELIEVE, THE MIND	
CAN ACHIEVE.	
NAME OF THE PARTY	
DR. NAPOLEON HILL	
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Date:	TOP PRIORITIES
GRATITUDE	
	TO DO
INTENTION	
SELF CARE	
99	
EXPERIENCE IS NOT WHAT HAPPENS TO	
YOU - IT'S HOW YOU	
INTERPRET WHAT	
HAPPENS TO YOU.	
ALDOUS HUXLEY	





Date:	TOP PRIORITIES
GRATITUDE	
	TO DO
INTENTION	
CELE CARE	
SELF CARE	
and the second second second	
99	
ANYONE CAPABLE OF	
ANGERING YOU	
BECOMES YOUR	
MASTER; HE CAN ANGER YOU ONLY	
WHEN YOU PERMIT	
YOURSELF TO BE	
DISTURBED BY HIM.	
EPICTETUS	





Date:	TOP PRIORITIES
GRATITUDE	
	TO DO
INTENTION	
	J
SELF CARE	
31	
PEOPLE THINK FOCUS MEANS	
SAYING YES TO THE THING	
YOU'VE GOT TO FOCUS ON. BUT THAT'S NOT WHAT IT	
MEANS AT ALL. IT MEANS SAYING NO TO THE	
HUNDRED OTHER GOOD	
IDEAS THAT THERE ARE. YOU HAVE TO PICK CAREFULLY.	
I'M ACTUALLY AS PROUD OF	
THE THINGS WE HAVEN'T DONE AS THE THINGS WE	
HAVE DONE.	
STEVE JOBS	





Date:	TOP PRIORITIES
GRATITUDE	
	TO DO
INTENTION	
	J
SELF CARE	
	J
DO NOT REPEAT THE	
TACTICS WHICH HAVE GAINED YOU ONE	
VICTORY, BUT LET	
YOUR METHODS BE	
REGULATED BY THE INFINITE VARIETY OF	
CIRCUMSTANCES.	
SUN TZU	





Date:	TOP PRIORITIES
GRATITUDE	
IN THE NATION	TO DO
INTENTION	
SELF CARE	
A CONTRACTOR OF THE PARTY OF TH	
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The state of the s	
99	
A WORK WELL BEGUN	
IS HALF ENDED.	
PLATO	
- " H	
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Date:	TOP PRIORITIES
GRATITUDE	
INTERVENION	TO DO
INTENTION	
]
SELF CARE	
99	
SOME LOOK AT	
THINGS THAT ARE,	
AND ASK WHY. I	
DREAM OF THINGS THAT NEVER WERE	
AND ASK WHY NOT?	
GEORGE BERNARD SHAW	





Date:	TOP PRIORITIES
GRATITUDE	
INTENTION	TO DO
SELF CARE	
A 4 H	
TALENT WINS	
GAMES, BUT TEAMWORK AND	
INTELLIGENCE WIN	
CHAMPIONSHIPS.	
MICHEAC JORDAN	





Date:	TOP PRIORITIES
GRATITUDE	
INTENTION	TO DO
INTENTION) _
SELF CARE	
99	
IT'S NOT THE DAILY INCREASE BUT DAILY	
DECREASE. HACK	
AWAY AT THE UNESSENTIAL.	
BRUCELEE	





Date:	TOP PRIORITIES
GRATITUDE	
INTENTION	TO DO
INTENTION) _
SELF CARE	
99	
TRUST IS THE GLUE	
OF LIFE.	





Date:	TOP PRIORITIES
GRATITUDE	
	TO DO
INTENTION	
SELF CARE	
A STATE OF THE PARTY OF THE PAR	
Market I	
and the second	
100	
UNITYIS	
STRENGTHAND	
WHERE THERE IS	
TEAMWORK,	
WONDERFUL THINGS CAN BE ACHIEVED.	
MATTIE STEPANEK	





Date:	TOP PRIORITIES
GRATITUDE	
INTENTION	TO DO
INTENTION	
SELF CARE	
AND STREET	
99	
WHEN IT COMES TO	
HEALTH AND WELL-	
BEING, REGULAR	
EXERCISE IS ABOUT AS CLOSE TO A MAGIC	
POTION AS YOU CAN	
GET.	
N H A T - H A N H	





Date:	TOP PRIORITIES
GRATITUDE	
INTENTION	TO DO
SELF CARE	
THE PARTY OF THE PARTY OF	
YOUR BRAND IS	
WHAT PEOPLE SAY ABOUT	
YOU WHEN YOU ARE	
NOT IN THE ROOM	
JEFF BEZOS	
====	
THE PERSON NAMED IN COLUMN TWO IS NOT THE PERSON NAMED IN COLUMN TWO IS NAMED IN COLUMN TW	





Date:	TOP PRIORITIES
GRATITUDE	
	TO DO
INTENTION	
SELF CARE	
And the second	
99	
THE BEST WAY TO	
PREDICT THE FUTURE	
IS TO CREATE IT	
ABRAHAM LINCOLN	
The same of the sa	
Ser. Ser.	





Date:	TOP PRIORITIES
GRATITUDE	
	TO DO
INTENTION	
) =
SELF CARE	
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BE YOURSELF,	
EVERYONE ELSE IS ALREADY TAKEN.	
ALREADY TAKEN.	
OSCAR WILDE	

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Date:	TOP PRIORITIES
GRATITUDE	
	TO DO
INTENTION	
SELF CARE	
E OF	
99	
BETWEEN STINULUS	
AND RESPONSE	
THERE IS A SPACE. IN THAT SPACE IS OUR	
POWER TO CHOOSE	
OUR RESPONSE. IN OUR RESPONSE LIES	
OUR GROWTH AND	
OUR FREEDOM.	
VIKTOR E. FRANKL	
THE RESERVE TO SERVE THE PARTY OF THE PARTY	





Date:	TOP PRIORITIES
GRATITUDE	
	TO DO
INTENTION	
SELF CARE	
99	
ALWAYS DO YOUR BEST. WHAT YOU	
PLANT NOW, YOU	
WILL HARVEST LATER.	
OG MANDINO	
"Long with the	





Date:	TOP PRIORITIES
GRATITUDE	
INTERNITION	TO DO
INTENTION	
SELF CARE	
99	
IF YOUR JOB IS TO	
EAT A FROG, IT'S	
BEST TO DO IT FIRST THING IN THE	
MORNING. AND IF IT'S	
YOUR JOB TO EAT	
TWO FROGS, IT'S BEST TO EAT THE	
BIGGEST ONE FIRST.	
MARKTWAIN	





Date:	TOP PRIORITIES
GRATITUDE	
L. T.	TO DO
INTENTION	
SELF CARE	
	<i></i>
99	
THE DEEPEST	
CRAVING OF HUMAN	
NATURE IS THE NEED TO BE APPRECIATED.	
TO BE APPRECIATED.	
WILLIAM JAMES	
WILLIAM JAMES	
7 98 14 1 1 1 10	
1647 200	





Date:	TOP PRIORITIES
GRATITUDE	
	TO DO
INTENTION	
	J
SELF CARE	
19 11 11 11 11 11 11	
THERE ARE NO	
SHORTCUTS TO ANY PLACE WORTH GOING.	
FEACE WORTH GOING.	
BEVERLY SILLS	
DEVERTI SILLS	

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Date:	TOP PRIORITIES
GRATITUDE	
INTENTION	TO DO
SELF CARE	
<u> </u>	
99	
ENTHUSIASM IS	
EXCITEMENT WITH	
INSPIRATION, MOTIVATION, AND A	
PINCH OF	
CREATIVITY.	
TO THE STATE OF	
BO BENNETT	





Date:	TOP PRIORITIES
GRATITUDE	
	TO DO
INTENTION	
	J
SELF CARE	
100	
10.25	
THE QUESTION ISN'T WHO IS GOING TO LET	
ME. IT'S WHO IS	
GOING TO STOP ME.	
DAYN RAND	





Date:	TOP PRIORITIES
GRATITUDE	
	TO DO
INTENTION	
SELF CARE	
99	
THE RESULT OF YOUR	
LIFE = ATTITUDE X	
EFFORT X ABILITY	
DR KAZUO INAMORI	
至 五 直接	





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Date:	TOP PRIORITIES
GRATITUDE	
IN THE NATIONAL PROPERTY OF THE PROPERTY OF TH	TO DO
INTENTION	
SELF CARE	
99	
LIFE IS LIKE RIDING A BICYCLE, TO KEEP	
YOUR BALANCE, YOU	
MUST KEEP MOVING.	
ALBERT EINSTEIN	
-11	

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Date:	TOP PRIORITIES
GRATITUDE	
INTERNITION	TO DO
INTENTION	1
SELF CARE	
99	
LAM A COPTAT	
I AM A GREAT BELIEVER IN LUCK,	
AND I FIND THE	
HARDER I WORK, THE MORE I HAVE OF IT.	
THOMAS JEFFERSON	





Date:	TOP PRIORITIES
GRATITUDE	
	TO DO
INTENTION	
SELF CARE	
ATTEN	
996	
ACTION MAY NOT	
ALWAYS BRING	
HAPPINESS, BUT THERE IS NO	
HAPPINESS WITHOUT	
ACTION.	
BENJAMIN DISRAELI	





Date:	TOP PRIORITIES
GRATITUDE	
	TO DO
INTENTION	
]
SELF CARE	
THE SECRET OF	
HAPPINESS IS	
FREEDOM. THE	
SECRET OF FREEDOM IS COURAGE	
THUCYDIDES	
1、新人工的企业的基础	





Date:	TOP PRIORITIES
GRATITUDE	
	TO DO
INTENTION	
SELF CARE	
LIFE IS 10% WHAT HAPPENS TO ME AND	
90% HOW I REACT TO	
IT.	
CHUCK SWINDOLL	
/A	
A SECRETARY OF THE PERSON NAMED IN COLUMN 1	





Date:	TOP PRIORITIES
GRATITUDE	
INTERNITION	TO DO
INTENTION	
SELF CARE	
99	
SOMETIMES, ONE	
CREATES A DYNAMIC	
IMPRESSION BY SAYING SOMETHING,	
AND SOMETIMES ONE	
CREATES AS	
SIGNIFICANT AN IMPRESSION BY	
REMAINING SILENT.	
DALA CAMA	





Date:	TOP PRIORITIES
GRATITUDE	
INTERNITION	TO DO
INTENTION	
SELF CARE	
99	
THE MOST	
IMPORTANT	
PERSUASION TOOL YOU HAVE IN YOUR	
ARSENAL IS YOUR	
INTEGRITY.	
ZIG ZIGLAR	
ALL ALL STATES	



PLANNER



Date:	TOP PRIORITIES
GRATITUDE	
	TO DO
INTENTION	
)
SELF CARE	
)
99	
HE WHO CONTROLS	
OTHERS MAY BE	
POWERFUL, BUT HE WHO HAS MASTERED	
HIMSELF IS MIGHTIER	
STILL.	
A. Marie	
LAO TZU	



PLANNER



Date:	TOP PRIORITIES
GRATITUDE	
INTERNITION	TO DO
INTENTION) _
SELF CARE	
99	
RA	
BEING LOVED DEEPLY	
BY SOMEONE GIVES YOU STRENGTH,	
WHILE LOVING	
SOMEONE DEEPLY GIVES YOU COURAGE	
一种版 点 温度	
LAO TZU	

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