It's *your* time

| WELCOME |

It's *Your* time

It's great to be connected with you!

You're likely here because you want to transform the career and lifestyle of your dreams into a successful reality, but you're not 100% sure how to do that. *Yet*.

Here's the good news - we're here to help you with that!

This booklet is yours to plan your weeks and manage your productivity. Use it to set your intention, prioritise tasks and practise gratitude. Write in it daily as your guide to find your focus, and go from feeling overwhelmed to taking decisive action towards your success.

Don't forget - book in your complimentary session with me (if you haven't already!). I'd love to speak with you to further clarify your vision for the future and create a clear pathway towards it.

Book a time in here: **www.viewspd.com.au/strategy-session**
or just give me a call on **0479 090 670**

Congratulations on taking this positive step. I'm looking forward to supporting you to create a purposeful, fulfilling, joyful career you really love!

Trinity James
trinity@viewspd.com.au

| ABOUT YOU |

It's Your time

Name:

Phone:

Email:

Your Vision:

The 3 Most Important Goals you would like to begin working on are:

These goals are important to you because...

Date: .....

GRATITUDE

INTENTION

SELF CARE

TOP PRIORITIES

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TO DO

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Date: .....

GRATITUDE

INTENTION

SELF CARE

TOP PRIORITIES

TO DO

| WEEK 3 |

It's Your time

Date: .....

GRATITUDE

INTENTION

SELF CARE

TOP PRIORITIES

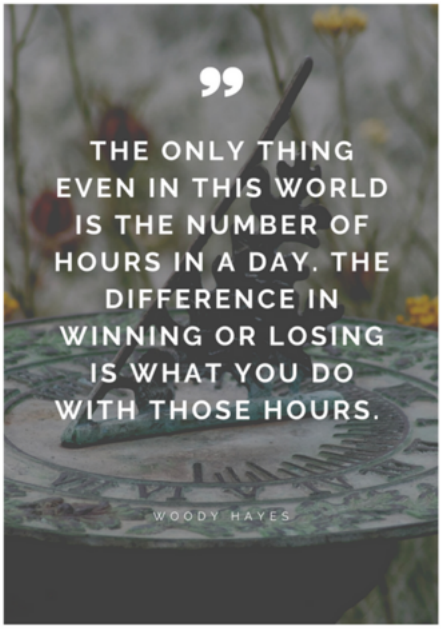
TO DO

Date: .....

GRATITUDE

INTENTION

SELF CARE



TOP PRIORITIES

TO DO

Date: .....

GRATITUDE

INTENTION

SELF CARE

TOP PRIORITIES

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Date: .....

GRATITUDE

INTENTION

SELF CARE

TOP PRIORITIES

TO DO

| WEEK 7 |

Date: .....

GRATITUDE

INTENTION

SELF CARE

TOP PRIORITIES

TO DO

| WEEK 8 |

It's Your time

Date: .....

GRATITUDE

INTENTION

SELF CARE

TOP PRIORITIES

TO DO

| WEEK 9 |

It's Your time

Date: .....

GRATITUDE

INTENTION

SELF CARE

TOP PRIORITIES

TO DO

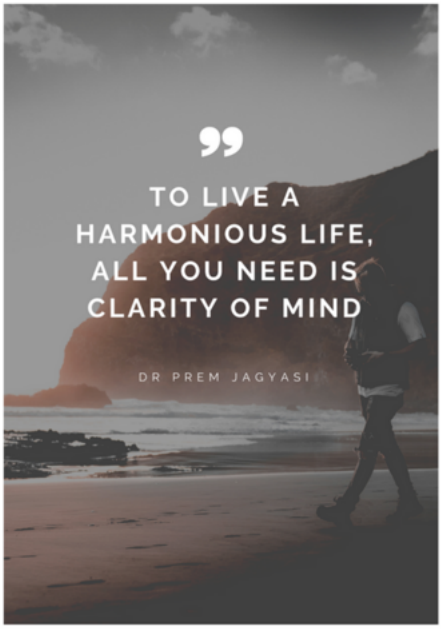
WEEK 10

Date: .....

GRATITUDE

INTENTION

SELF CARE



TOP PRIORITIES

TO DO

| WEEK 11 |

It's Your time

Date: .....

GRATITUDE

INTENTION

SELF CARE

TOP PRIORITIES

TO DO

WEEK 12

Date: .....

GRATITUDE

INTENTION

SELF CARE

TOP PRIORITIES

TO DO

Date: .....

GRATITUDE

INTENTION

SELF CARE

TOP PRIORITIES

TO DO

WEEK 14

It's Your time

Date: .....

GRATITUDE

INTENTION

SELF CARE

TOP PRIORITIES

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TO DO

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| WEEK 15 |

It's Your time

Date: .....

GRATITUDE

INTENTION

SELF CARE

TOP PRIORITIES

TO DO

| WEEK 16 |

It's Your time

Date: .....

GRATITUDE

INTENTION

SELF CARE

TOP PRIORITIES

TO DO

Date: .....

GRATITUDE

INTENTION

SELF CARE

TOP PRIORITIES

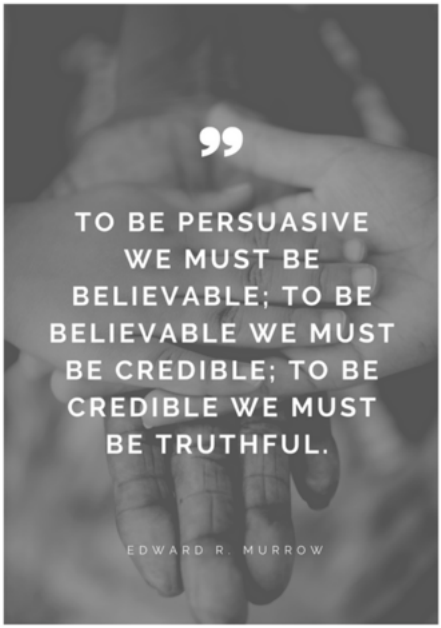
TO DO

Date:

GRATITUDE

INTENTION

SELF CARE



TOP PRIORITIES

TO DO

| WEEK 19 |

It's Your time

Date: .....

GRATITUDE

INTENTION

SELF CARE

TOP PRIORITIES

TO DO

| WEEK 20 |

It's Your time

Date: .....

GRATITUDE

INTENTION

SELF CARE

TOP PRIORITIES

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| WEEK 21 |

It's Your time

Date: .....

GRATITUDE

INTENTION

SELF CARE

TOP PRIORITIES

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| WEEK 22 |

It's Your time

Date: .....

GRATITUDE

INTENTION

SELF CARE

TOP PRIORITIES

TO DO

| WEEK 23 |

It's Your time

Date: .....

GRATITUDE

INTENTION

SELF CARE

TOP PRIORITIES

TO DO

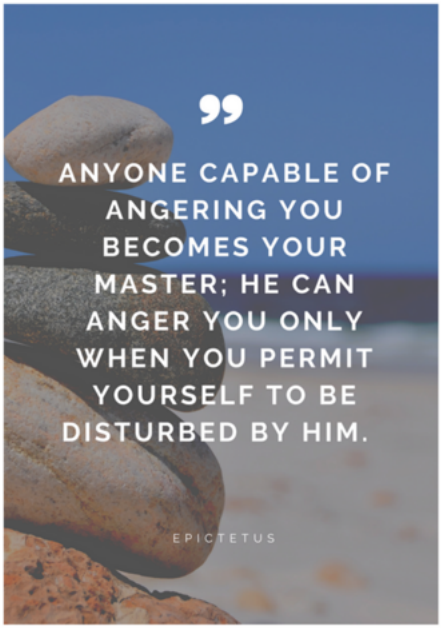
| WEEK 24 |

Date: .....

GRATITUDE

INTENTION

SELF CARE



TOP PRIORITIES

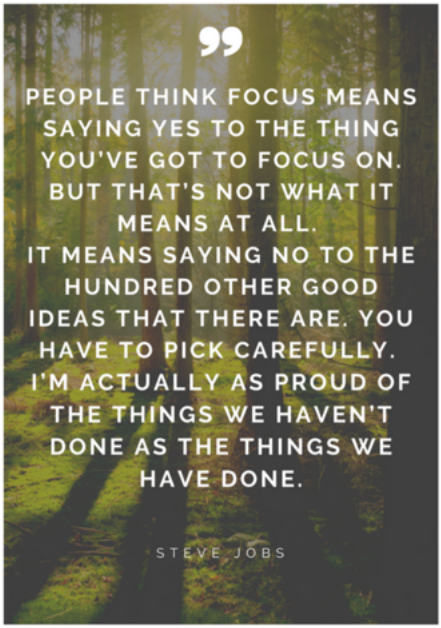
TO DO

Date: .....

GRATITUDE

INTENTION

SELF CARE



TOP PRIORITIES

TO DO

| WEEK 26 |

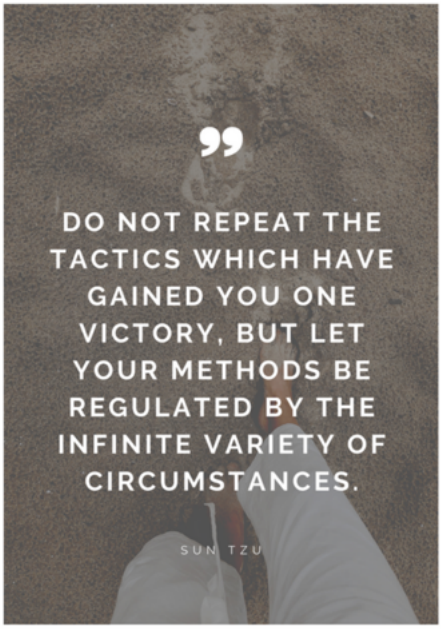
It's Your time

Date: .....

GRATITUDE

INTENTION

SELF CARE



TOP PRIORITIES

TO DO

| WEEK 27 |

It's Your time

Date: .....

GRATITUDE

INTENTION

SELF CARE

TOP PRIORITIES

TO DO

| WEEK 28 |

It's Your time

Date: .....

GRATITUDE

INTENTION

SELF CARE

TOP PRIORITIES

TO DO

| WEEK 29 |

It's Your time

Date: .....

GRATITUDE

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SELF CARE

TOP PRIORITIES

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| WEEK 30 |

It's Your time

Date: .....

GRATITUDE

INTENTION

SELF CARE

TOP PRIORITIES

TO DO

| WEEK 31 |

It's Your time

Date: .....

GRATITUDE

INTENTION

SELF CARE

TOP PRIORITIES

TO DO

| WEEK 32 |

It's Your time

Date: .....

GRATITUDE

INTENTION

SELF CARE

TOP PRIORITIES

TO DO

Date: .....

GRATITUDE

INTENTION

SELF CARE

TOP PRIORITIES

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| WEEK 34 |

It's Your time

Date: .....

GRATITUDE

INTENTION

SELF CARE

TOP PRIORITIES

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GRATITUDE

INTENTION

SELF CARE

TOP PRIORITIES

TO DO

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GRATITUDE

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GRATITUDE

INTENTION

SELF CARE

TOP PRIORITIES

TO DO

Date:

GRATITUDE

INTENTION

SELF CARE

TOP PRIORITIES

TO DO

| WEEK 40 |

It's Your time

Date: .....

GRATITUDE

INTENTION

SELF CARE

TOP PRIORITIES

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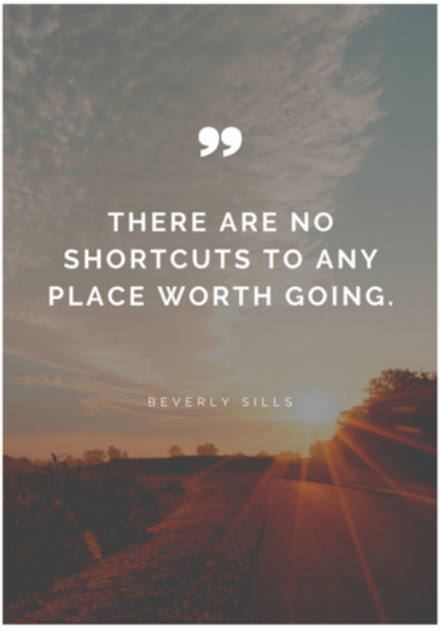
GRATITUDE

INTENTION

SELF CARE



TOP PRIORITIES

TO DO

| WEEK 42 |

It's Your time

Date: .....

GRATITUDE

INTENTION

SELF CARE

TOP PRIORITIES

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GRATITUDE

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TOP PRIORITIES

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Date: .....

GRATITUDE

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SELF CARE

TOP PRIORITIES

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Date: .....

GRATITUDE

INTENTION

SELF CARE

TOP PRIORITIES

TO DO

| WEEK 46 |

Date: .....

GRATITUDE

INTENTION

SELF CARE

TOP PRIORITIES

TO DO

Date: .....

GRATITUDE

INTENTION

SELF CARE

TOP PRIORITIES

TO DO

| WEEK 48 |

It's Your time

Date: .....

GRATITUDE

INTENTION

SELF CARE

TOP PRIORITIES

TO DO

| WEEK 49 |

It's Your time

Date: .....

GRATITUDE

INTENTION

SELF CARE

TOP PRIORITIES

TO DO

| WEEK 50 |

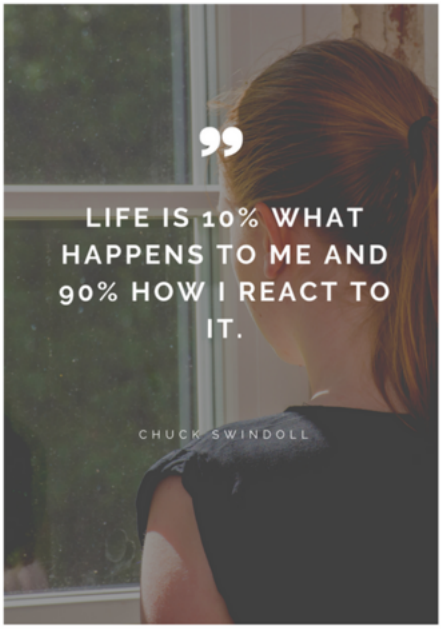
It's Your time

Date: .....

GRATITUDE

INTENTION

SELF CARE



TOP PRIORITIES

TO DO

Date: .....

GRATITUDE

INTENTION

SELF CARE

TOP PRIORITIES

TO DO

| WEEK 52 |

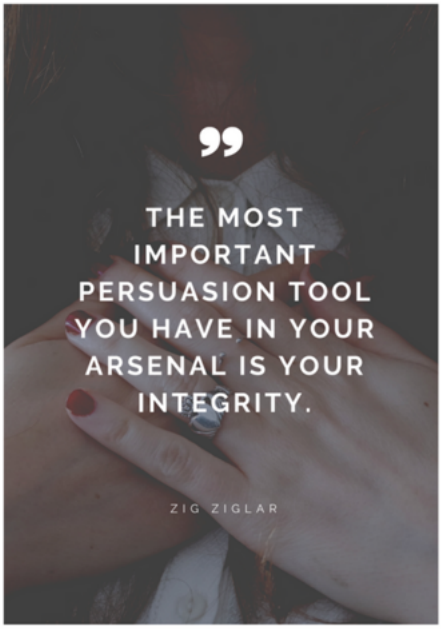
It's Your time

Date: .....

GRATITUDE

INTENTION

SELF CARE



TOP PRIORITIES

TO DO

| PLANNER |

It's Your time

Date: .....

GRATITUDE

INTENTION

SELF CARE

TOP PRIORITIES

TO DO

| PLANNER |

It's Your time

Date: .....

GRATITUDE

INTENTION

SELF CARE

TOP PRIORITIES

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